

**Dearne Health Workshop  
4<sup>th</sup> February 2016  
Goldthorpe Library**

**In attendance:** Derek Bramham, Suzanne Storey, Gemma Cobby, Jenni Britain, Jayne Mchugh, Alison Vint, Paul Micklethwaite, Alison Sykes, Sharon Copeland, James Goodwin, Teresa Gibson, Elain Mussett, Karen Mann, Kaye Mann, Joe Micheli, Claire Dawson, Lisa Lyon, Carl Hickman, Liz Pitt, Cllr Noble, Cllr Worton

**Purpose of workshop:**

- To receive information and overview of Dearne health data and intelligence from Liz Pitt, Research and Business Intelligence Manager, BMBC
- To receive a presentation and information on key public health service commissioned through BMBC Public Health from Carl Hickman, Health and Well Being Manager, Healthy Communities, BMBC
- Map health services currently being delivered in the Dearne
- What is being delivered and who are the target audience
- Identify the gaps and how the community and agencies can meet gaps in provision

**Presentations:**

**Carl Hickman, Health and Well Being Manager, Healthy Communities, BMBC:**

Be Well Barnsley – health inequality outcomes for the Dearne:

- 60% quits from: Dearne, North East, Central
- 60% weight management interventions: Dearne, North East, Central
- Families Coordinator based in the Dearne

Be Well Plans for the Dearne:

- Fit Reds planned to start 18<sup>th</sup> Jan at Dearne ALC
- 6 week Be Well Families (5-11year olds and parents) course continuing at Salvation Army Goldthorpe and starting at Embankment Children's Centre.
- Rolling 12 week weight loss groups running at Dearne Enterprise Centre on a Thursday followed by maintenance sessions.
- Activity 4 Health (low intensity Pilates) Goldthorpe Pentecostal Church Tuesday 10-11.00am
- Weekly Drop in at Goldthorpe Salvation Army and Goldthorpe Community Shop supported by Be Well Advisors.
- NETHERWOOD Community Gym Monday and Thursday evening 5.00pm-8.00pm

Other ideas.....

- Health promotion in schools, physical activity, active travel, health eating and to include mental wellbeing and resilience
- Smoke free play grounds
- Champion access to dental services for children
- Promote the fuel poverty, winter campaign work, central heating fund and commission new initiatives to address fuel poverty
- Support the development of employment pathways for vulnerable groups

**Liz Pitt, Research and Business Intelligence Manager, BMBC:**

- Dearne Area Council has a very high proportion of deprivation relative to England and also other Area Councils.
- Leading risk factor for deaths in the Dearne Area is smoking which contributed almost 1 in 5 deaths in 2009- 2013
- After smoking, high blood pressure and high cholesterol together contribute to 25% of deaths in Area Council in 2009 - 2013

**Children and Young People:**

- The third highest rate of a good level of development at age 5 years.
- The second highest rate of children achieving Key Stage 2.
- The highest rate of women who smoke during pregnancy.
- The highest rate of excess weight in 4-5 year olds and 10-11 year olds.
- The highest smoking prevalence – children (16-19 years old)
- The highest 16-18 year olds not in education, employment or training

**Adults:**

- Third lowest rate of one person households.
- The highest rate of residents who have no qualifications.
- The second highest rate of residents whose main language is not English.
- The second highest rate of residents experiencing fuel poverty.
- The highest rate of smoking prevalence.
- The highest rate of under 75 mortality rate from cancer, respiratory disease and cardiovascular diseases.

**Workshop 1:**

What services do we have already?	Who's the target group?	What do they deliver?
Be Well Barnsley	Men	Fit reds
Dearne ALC	Young people	Out of school Activities
The Crib	Young people	Recording studio
TADS	Young people	Therapies to tackle anxiety and depression
hOurbank	Dearne residents	Volunteering timebank
Private sector housing team	Dearne residents	Debt management, access to advice
Dearne Stay Fit	50+	Health activities and advice
Salvation Army	Dearne residents	Food bank Clothes bank Job club Cook and eat sessions Advice and guidance – fuel poverty etc
Community shop	Dearne residents	Training, Food recycle Advice and guidance
Embankment centre		
Rainbow centre		
Dearneside leisure centre	All	Leisure facilities, sports clubs and groups Mother and toddler group
IKIC centre – Targeted Integrated youth support	13- 19 year olds NEETS	Targeted youth provision
LIFT centres	All	Health and GP services
Phoenix futures	Adults	Substance misuse support and guidance
Dearne Community Allotment	Dearne residents	Working a group with learning disabilities Working with salvation army – food bank
Big local x 2	Dearne area	Funding

Slimming World	All	Slimming and health eating advice and guidance
Thurnscoe park	All	Active group of volunteers Environmental improvements
Libraries (Thurnscoe and Goldthorpe)	All	Mother and Toddler groups Reading groups After school and holiday provision Craft clubs Room hire
Dearne Playhouse	All	Theatre groups Recording studio
Dearne Enterprise centre	All	Cook and eat sessions
Heathergarth Parents support group	Parents	Support group Activities
Dearne ramblers	All	Rambling group
Renaissance Centre	All	Fitness classes Arts and craft groups
Pentecostal church	All	
Various sports clubs	All	Sports activities

## **Workshop 2: What gaps in relation to health have we got in the Dearne?**

- Need to promote Walk Well Barnsley
- There is currently more focus on Dearne South and not much promotion in North
- Need more of a focus on family / children's activities
- GP services seem to be struggling – high level of missed appointments and difficulty getting an appointment
- ASB increasing in green spaces / parks at the same time as Police presence is being reduced
- Need more Health and well-being events
- No open access facilities for 12year olds plus
- More social prescribing services
- Patient education – what's available?
- More carers support
- Preventative screening – how to engage people when they aren't ill in the first place
- How do we have the one conversation with the Dearne and mobilise all stakeholders re the key messages
- We need a better understanding of the root causes
- We need to know what the take up of services is across the area and then look at how to increase the take up i.e. cancer screening
- Tap into volunteers as a local resource and asset to engage others
- Look at smoking prevention with young people to stop before we start
- Better promotion of activities at Dearneside
- More home visiting
- No drop in clinics available – baby drop ins were well used but no longer available
- More community events such as Bounce into Summer
- Better communication and linking up of services
- Need holiday provision for 13 – 19 year olds that it accessible for all
- SureStart services disappearing
- PCSOs need to be more visible and be out and about in the area